



How to Change Your Profile Picture

1. Download and save [this photo](#) to your device. Right click and select 'save as.'
2. Log into your account on the platform where you want to update your profile picture.
3. Go to your Profile or Account Settings
4. Look for your name or icon in the top-right corner. Click it, then choose "Profile" or "Settings."
5. Click on your current profile picture (or the empty avatar circle if none is set).
6. Select "Change" or "Upload" Photo
7. This will usually open a file picker.
8. Choose the new image you saved from your device (JPG or PNG format works best).
9. Crop or adjust as needed, then save your changes.
10. Done! Your new photo should now appear across the platform.