

I AM ALS

HomeRun



Get In. We're Ending ALS

What We're Up To:

The fourth annual Lou Gehrig Day (LGD) is coming up on June 2nd, and volunteers across the country are mobilizing at MLB parks to make this day amazing! Check out this page for all things LGD and to find an event in your city!

<https://www.iamals.org/lou-gehrig-day-2024/>

Submit Flags by May 2nd!

The deadline to add a flag to this year's ALS Awareness Month display is this upcoming Thursday, May 2nd. If you've added flags in past years, please add them again!

[ADD A FLAG](#)

COMMUNITY UPDATES



Clinical Trials Team

Clinical trials, simplified. This team is kicking off a new monthly webinar series, and the first installment is on May 9th at 6pm ET! This first session will cover the basics of clinical trials. Sign up to attend:

<https://www.iamals.org/action/clinical-trials-101/>



Lou Gehrig Day Team

You wanna learn about Lou? Good! Because I AM ALS is partnering with Live Like Lou and the Grayslake Library for a crash course on Lou Gehrig

and the disease that now bears his name. It will take place on May 6th at 12pm CST. Sign up to attend virtually:

<https://grayslake.librarycalendar.com/event/lunch-and-learn-lou-gehrig-and-als-31001>

And while you're at it, sign up for another Lou Gehrig event: **Jonathan Eig**, author of *Luckiest Man: The Life and Death of Lou Gehrig*, will give a virtual author talk on May 1st at 7pm EST. He'll be joined by John Driskell Hopkins of Zac Brown Band! Click here to sign up:

<https://www.iamals.org/action/the-luckiest-man-jonathan-eig-talks-lou-gehrig-with-john-driskell-hopkins>



Many Shades of ALS Team

MSOA needs your help opposing the EDUCATE bill in Congress. If passed, this bill would cut federal funding to medical schools with diversity, equity and inclusion (DEI) programming, which would only worsen existing health disparities and outcomes for populations already experiencing them. Learn more about the bill and contact your congresspeople to voice your opposition here:

<https://www.iamals.org/action/educate-2024/>



The Write Stuff

Eyegaze is powerful technology! To demonstrate, the Write Stuff is hosting a two-part discussion. Part one features panelists who have used Eyegaze technology to create art, maps, and some other amazing things using their Eyegaze tech. It will take place on April 29th at 6:30pm ET. (Part 2 coming soon – it will go into details about the capabilities of eyegaze technology on May 13th.) Sign up for part one:

<https://www.iamals.org/action/eyegaze-panel-part-one/>



Veterans Team

The Senate must pass the Elizabeth Dole Home Care Act. This bill expands access to support for home and community-based care programs for veterans and their caregivers, while also assessing the VA's caregiver and long-term care programs. Use this action to contact your elected officials about the bill: <https://www.iamals.org/action/elizabeth-dole-home-care-h-r-542-s-141/>

There's so much information out there

COMMUNITY SUPPORT CORNER

about ALS it's hard to know where to start! Our Newly Diagnosed Email Series compiles this information into four emails and sends them over eight weeks, so you can digest the information at your own pace. Sign up to receive these emails: <https://www.iamals.org/action/sign-up-to-receive-our-newly-diagnosed-email-series/>



Community Spotlight: Cristy Hardin
Meet Cristy! Cristy joined I AM ALS in January 2024 and is already making a splash. She leads the Lou Gehrig Day Team and co-leads the Write Stuff Team. Cristy cared for her best friend, Kurt Ewen (both pictured), throughout his life with ALS, and she keeps his memory alive at every opportunity. Read some of Cristy and Kurt's essays and poetry as part of the Write Stuff blog: <https://www.alsthewritestuff.com/>

WHAT'S COMING UP?

Eyegaze Panel Part One - April 29th, 6:30pm ET

The Write Stuff is hosting a two-part discussion about Eyegaze. Part one features panelists who have used Eyegaze technology to create art, maps, and some other amazing things using their Eyegaze tech.

[Register](#)

April Social Hour - April 30th, 4pm ET

This month's Social Hour will be on April 30th! You know the drill – join your fellow advocates for an hour of no agenda, no goals, no pressure – just fun.

[Register](#)

The Luckiest Man: Jonathan Eig Talks Lou Gehrig with John Driskell Hopkins - May 1st, 7pm ET

Jonathan Eig, author of *Luckiest Man: The Life and Death of Lou Gehrig*, will give a virtual author talk on May 1st at 7pm EST. He'll be joined by John Driskell Hopkins of Zac Brown Band!

[Register](#)

On Your Mark webinar - May 3rd, 2pm ET

Advocate Maycee Wilkie has created a social media campaign focused on awareness, self care, and gratitude called "On Your Mark." Join the webinar to learn about the campaign and how you can participate directly from Maycee herself.

[Register](#)

[SEE ALL EVENTS](#)



I AM ALS is a patient-led community that provides critical support and resources to patients, caregivers and loved ones. It empowers advocates to raise awareness and lead the revolution against ALS in driving the development of cures. Learn more at iamals.org.

I AM ALS

