The Ballad of Bryan Wayne Galentine: How one man's dream led to creation of Lou Gehrig Day across MLB



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WHEN HE WAS told he was going to die, Bryan Wayne Galentine started to think about what he wanted to leave behind. Every day, for however long amyotrophic lateral sclerosis allowed him to live, the disease was going to steal from him. It would come for his legs, and then it would attack his lungs, and then it would rob his voice. His recourse, his way to fight the inevitable, was to make damn sure it didn't take his legacy.

First, he recorded an album. When his diagnosis came on April 6, 2017 -- ALS, no known cure, two to five years to live -- Galentine was living in Nashville, Tennessee, where he had moved to become a country music star but found his niche as a songwriter, a down-home poet. Before ALS' ravages took hold, Galentine would make sure Staci, his wife, and Grayson and Bennett, his two boys, never would forget what he sounded like. And he'd let the world hear words of hope and joy underpinned by defiance -- that even if ALS would win the war, he'd take his share of battles.

There were plenty of those, big and small, and Galentine was too stubborn to back down from any. It wasn't an annoying sort of stubbornness, either, off-putting and pigheaded. The charm of B-Wayne, as his friends called him, was that he could ask for something and you'd feel guilty for not having given it already. When Galentine attached himself to a project, it was bound to happen.

It's what made the plan he hatched two years ago so audacious. Major League Baseball was a monolith. Galentine didn't care; he always needed something to scale. He had given his family everything he could. What he wanted to leave behind now was for everyone already acquainted with the malevolence of ALS -- and everyone else, who may not understand but would if Bryan Wayne Galentine had anything to say about it.



Wednesday is MLB's inaugural Lou Gehrig Day, a day Bryan Wayne Galentine first envisioned during his own fight with ALS. Courtesy of Galentine family

AMYOTROPHIC LATERAL SCLEROSIS is a wretched disease. It is a neurodegenerative disorder that slowly chokes the brain's motor neurons, which control voluntary muscles. The progression is a slow march toward paralysis, leaving fully acute minds trapped inside bodies that no longer function. There are different variants. Stephen Hawking lived for more than 50 years with it, though he's an outlier. More than 5,000 Americans are diagnosed with it every year, and almost all die within a half-decade.

A little more than two years passed between Lou Gehrig's diagnosis and death. More than 80 years later, the Hall of Fame first baseman for the New York Yankees remains the most famous ALS patient, with the condition colloquially called Lou Gehrig's disease. It wedded baseball inextricably to ALS.

In 2008, Michael Goldsmith, a lawyer with the disease, asked in a Newsweek op-ed why MLB didn't better honor Gehrig. The next year, on July 4, the date of the retirement speech in which he said famously, "Yet today I consider myself the luckiest man on the face of the earth," MLB paid tribute to Gehrig in all 15 stadiums holding games. Goldsmith died four months later. The homage to Gehrig did not continue.



Watch on ESPN and ESPN+ as teams across the majors pay tribute to an all-time great on MLB's inaugural Lou Gehrig Day.

In 2014, a former Boston College baseball star named Pete Frates, who had been diagnosed with ALS, dumped a freezing-cold bucket of water on his head and started a phenomenon. The Ice Bucket Challenge helped raise more than \$100 million for ALS research and strengthened Frates' connection with the Boston Red Sox and all of baseball.

Still, before Galentine's moonshot, there was no formal tie between the league and the ALS community. Galentine hoped he could be that bridge. He'd grown up playing baseball and adoring the Baltimore Orioles and loved to say if he didn't get hurt playing in college, he'd have been a big leaguer. The first verse of a song Galentine wrote called "Priceless" recounts the story of a protagonist smashing a ball over the left-field fence, only for it to crash through the windshield of Mr. Winningham's new minivan.

I spent the next two months cutting grass
Trying to pay for that dusty glass
Grand total, including tax, was 97 dollars and 45 cents
But being known as the Sultan of Swat
Getting to hit the famous shot
Landing in the parking lot
Was priceless

Baseball, like Galentine, was a romantic -- something worthy of however much time he had left. It prompted him to tap out a text on June 24, 2019, to two friends in the ALS community: Adam Wilson, who has the disease, and Chuck Haberstroh, whose mother does. At 10:32 p.m., their phones pinged with the message from B-Wayne.

"don't have to comment tonight. been meaning to email you. but do you think it would possible and appropriate to approach mlb with doing something with Lou Gehrig like they've done Jackie Robinson? Not so much retire #4 but have everyone wear #4 one game a year? maybe the day he gave the speech?"

The idea didn't seem too far-fetched to Wilson and Haberstroh. Maybe instead of everyone wearing Gehrig's jersey number they could sport patches that include the letters ALS for maximum awareness. And instead of July 4, when Independence Day festivities could overshadow it, perhaps June 2 -- the day of the first start in Gehrig's 2,130 consecutive-games-played streak and the day he died in 1941.

It seemed simple enough. The three amigos -- that's what Galentine called himself, Wilson and Haberstroh -- reached out to Jon Sciambi, the longtime ESPN announcer and ALS advocate, and sought advice. As good as the idea was, he said, the easiest path to making it happen was to garner the support of all 30 teams. If the clubs were onboard, the league couldn't say no. The cause was too good, the story too compelling. Decades after Gehrig died, ALS remains a scourge with hope found only in drug trials and experimental therapies. Gehrig's words that July Fourth day, the optimism he radiated -- "I might have been given a bad break," he said, "but I've got an awful lot to live for" -- spoke to Galentine.

"Lou Gehrig," Haberstroh says, "inspired him to basically live up to those things and really help others through baseball."

WHEN HE WAS 14 years old, before bucket lists were a thing, Bryan Wayne Galentine was putting his dreams onto pieces of paper. His pubescent mind was a great big cliché. Fifteen years from then, he wrote, he'd be retired even though he never worked. (He'd win the lottery, naturally.) He'd have a car and a boat and golf a lot.

It didn't quite work out that way. After growing up in Vienna, Virginia, about a half-hour outside of Washington, D.C., Galentine played baseball at Winthrop University as a freshman, transferred to George Mason and then followed his wanderlust to Nashville. One day, while at the apartment of a sound engineer working on a song, Galentine met his roommate, a pretty girl who was homesick and dressed in Cat in the Hat pajamas. He was smitten nonetheless.



Baseball always had a place in Bryan Wayne Galentine's heart, even long after his own playing career ended. Courtesy of Galentine family

Staci was his perfect foil: sassy enough to tell him when he was being too emotional, charming enough to draw him out of his naturally bashful shell, fun enough to share in his ambitions, open-minded enough to grow accustomed to his idiosyncrasies.

Galentine would pull the car to the side of a road and take a picture of a billboard that might inspire a lyric. He'd hum and warble and workshop songs in the shower, where there were great acoustics. Sometimes at church he would grab a bulletin and scribble words. Galentine's brain fired all hours of the day. He could talk sports, politics, love, the Bible. He would tear up at Hallmark commercials and hoard all things sentimental, like the Legos or baseball cards from his childhood. In 2014, he started a Facebook group called "Find the Good Stuff." He had tired of all the negativity in the world. B-Wayne preferred to share positive stories -- of thoughtfulness and care and big hearts and selflessness.

Finding the good stuff in his diagnosis wasn't easy. It had started a year earlier, when he felt tingling in his hands as he strummed a guitar or typed lyrics on his computer. Numbness crept up his arms. Doctors thought it was carpal tunnel or the detritus of a rotator-cuff injury and tried to repair him surgically. The feeling didn't dissipate, and after Galentine doubled over in pain one night in April 2017, he went to a neurologist who said it was ALS.

All Staci could hear was the number: 100%, the fatality rate. And when she came to terms with that, she grappled with what her life was about to become. ALS isn't just a disease that paralyzes those cursed with it. It can devastate caregivers, too. They give, and they give more, and they give everything knowing that their efforts are not staving off anything, that their fight is Sisyphean, and all that sustains them is love, the purest and most unconditional variety.

Galentine rescued himself from the depths of what was to come and started to map out what could be. He had his album. One time, Staci came home and saw the shells of two dozen eggs on their kitchen countertop. She looked sideways at Galentine. What was he doing?

"I was going to perfect my omelet," he said. "You know, I've always wanted to do that."

He loved omelets. He never had learned to make one. So he decided to try until he got it right. This was how he was going to live his life, however long it lasted: by the Tao of the omelet. If you want to do something, what are you waiting for?

"What's your omelet?" Galentine liked to ask people. He had omelet merch and a website and social channels and, with his voice still there, with his round face and bald head and buttery, twanged-out voice so inviting, he sold the idea well. Little did he know, in those earliest days of his diagnosis, he had another omelet, one that would take years to cook.

AT FIRST, GALENTINE'S optimism almost overwhelmed him. The three amigos had started pursuing support inside of baseball for Lou Gehrig Day. Colorado was the first team to say yes. The father of Rockies outfielder Sam Hilliard has ALS. Oakland was in as well. A's outfielder Stephen Piscotty lost his mother, Gretchen, to ALS. Stars said they'd back the cause: Gerrit Cole, Nolan Arenado, Buster Posey. Hall of Famers supported it, too. Galentine wanted to celebrate every new name, every new team on social media. He never could keep a secret.

"He was the worst," Staci says. "I couldn't even tell him what I got the boys for Christmas sometimes. Because he would get so excited and have to share it with them."

The <u>Boston Red Sox</u> joined the cause, then the <u>Milwaukee Brewers</u>, <u>Minnesota Twins</u>, <u>Washington Nationals</u>, <u>San Francisco Giants</u> and <u>Arizona Diamondbacks</u>. And then ... nothing. The stagnation in progress frustrated Galentine. That stubbornness showed up. He loved to start his thoughts with a polite apology, then pivot to what he really thought: "I'm sorry, guys, but ..."

But ALS doesn't afford you time. At first, Galentine needed a cane. Then his legs went altogether. Now his speech was slowing. The Lou Gehrig Day team, which had expanded beyond the three amigos to include others in the community, already was beginning to lose people. Frates died Dec. 9, 2019. A trip to the winter meetings by a representative of the group yielded nothing substantive. Months went by. Frustration mounted. They didn't know how to reach the decision-makers, and even if they did, they weren't sure this idea they believed so perfect would resonate.

By October 2020, the three amigos were desperate. While Galentine continued to check off his bucket-list items, he needed a ventilator to help breathe and was considering getting a tracheostomy, a surgical opening in the neck that would allow him to breathe through a tube. He planned on being around for a while, whether baseball wanted him or not.

Wilson took Galentine's exhortations to heart. His latest plan was simple. He was going to guess the email addresses for team presidents around MLB and send a cold letter asking for help. The first team, alphabetically, was Arizona. He hit send and didn't get a mailer-daemon. Then his inbox pinged with a reply from Derrick Hall, the Diamondbacks' president.

Hall knew too much about ALS. When he was a junior in high school, he would go to visit his grandfather, who had been diagnosed with it. They would go to the pool, and Hall would lift him into the water, hold his arms and guide him to the deep end and back, for hours on end.

"I'll never forget that," Hall says. "And as much of a smile as you could see on his face, it was there." He was in. And he was going to enlist help. At 3:03 p.m. ET on Oct. 19, Hall sent an email to all 30 teams asking for support for leaguewide Lou Gehrig Day. Twins president Dave St. Peter and Red Sox president Sam Kennedy co-signed the effort. Within five minutes, the first reply came. It was from Randy Levine, the president of the New York Yankees. The group worried that because the Yankees honor Gehrig regularly, they might not join the effort.

"I support it," Levine wrote.

Then came a note from Stan Kasten, president of the Los Angeles Dodgers: "The Dodgers and I are on board."

And another from Derek Jeter, the Yankees Hall of Famer and owner of the Miami Marlins: "You have my support and that of the Marlins."

It was happening. Eight teams turned to 10 to 15 to 20 to 25. And the next day, Oct. 20, before Game 1 of the World Series, the Seattle Mariners were the final team to say yes. More than a year of disappointment and sadness melted away in 24 hours, thanks to a random email with a heaven-sent reply.

Galentine was in Tennessee, Wilson in Cincinnati and Haberstroh in Connecticut. They had never met one another, ALS making travel difficult and COVID-19 putting a kibosh on any plans, but they looked at one another as more than just amigos. They were brothers, bonded by this disease that the world needed to understand better -- and would.

"Guys," Galentine texted them, "we did it."



Bryan Wayne Galentine, pictured here with wife Staci and sons Grayson and Bennett, saw Lou Gehrig Day as a way to both honor a baseball icon and raise ALS awareness. Courtesy of Galentine family

TO CELEBRATE, GALENTINE ate two plates of spaghetti, one of the last foods he could swallow easily, and washed them down with Oktoberfest beer. This was not the good stuff. It was the best stuff. He exuded energy. Staci felt it. All the feeling of defeat, of helplessness, dissipated. He scaled the monolith. He won. Before he and Staci went to bed, Galentine used the eye-gaze technology with which he communicated to say to her: "That right there ... was a good day."

Staci swooned. She loved all of Galentine's songs, and "A Good Day" was among her favorites. It starts:

Eight-year-old stands at the plate
One base hit'll win the game
Swings that bat with all his might
He's still grinnin' when mom and dad tuck him in that night
You only get so many in this life
When it feels like everything you do goes right
And years from now you can still look back and say
That right there ... was a good day

The good day continued into Oct. 21. A few days earlier, Grayson and Bennett had an odd request for their father. They wanted to look at his old baseball cards with him. There were four of five big tubs and then a secret stash of the good ones. All the talk about Lou Gehrig,

about baseball, had piqued their interest, and together they sat, rifling for hours, dad talking, boys listening, mom beaming.

"He talked about his boys all the time and he talked about Staci all the time," Haberstroh says. "And I really want her to know that and want her boys to understand how much his father loved them. I can't imagine going through what he was going through and still continuing that fight and still being a dad and a husband. He's an inspiration to me as a father."

That was going to be the beginning, too. He'd finally cooked his omelet. He could take a break. Even though MLB hadn't technically given the go-ahead, he understood it was a formality. He told Staci and the boys: "We're going to go to Baltimore." And as much as it meant to him, meant to them, they understood that unlike the album, this wasn't theirs.

"We could have just kind of huddled down and stayed in our little house and lived this out," Staci says. "And quite honestly, there were days when I would be frustrated because we're at the dinner table and he's on an ALS call talking about Lou Gehrig Day. And I remember saying this so vividly to my mom, but this wasn't about Grayson and Bennett and me.

"This is about thousands of other people that don't get to see tomorrow. This is a disease that's underfunded, it's undereducated and it's underadvocated. And Bryan wanted to see that change."

The next morning, Staci drove 30 miles from their sleepy suburb to Nashville for a business meeting. When she sat down, she received a call from Galentine's caregiver. He wasn't breathing.

Staci sped home. When she pulled into the driveway, she recognized the cars of Galentine's closest friends. She had just brought Bryan to the beach, and Lou Gehrig Day finally was a reality, and there weren't major doctor's visits or hospital trips or any clear signs that his breathing was changing, that his heart was weakening, that his body this disease put through so much already was finally saying enough. Those drugs trials and experimental therapies are giving hope, and maybe she knew deep down that it was too late for him, but she never would think it or say it or believe it.

Now he was gone. Bryan Wayne Galentine was 53. His heart, so big, gave out.

Word spread in the ALS community, where Galentine was beloved. The Lou Gehrig Day committee jumped on a call. They weren't sure what to say. Then they remembered something Galentine brought up in the week. Now that all 30 teams were on board, they could finally tell the world what they'd spent so long trying to accomplish. Only they weren't quite sure how to do it.

"We said we need a story. What's our story?" Haberstroh says. "And it became B-Wayne. B-Wayne has become the story."

SOMETIMES STACI LOOKS at her husband's bucket lists. He wrote one after his diagnosis. He wanted to see a Notre Dame football game. They did that a couple years ago. He wanted to see a moose. They saw a moose. They didn't get to all of the items. They got to enough.

"This was written in 2002," Staci says. "So this was right after we met. And before we got married. And I was in Branson, Missouri, on a project, a job. So part of his bucket list was to 'get me out of Branson ... and to grow old with Staci.'"

Her voice doesn't break when she says it. She has shed enough tears for a lifetime. This is her life, and she prefers to be thankful for the time she spent with Galentine than lament what ALS stole from her. No, this is time to be optimistic for the next generation of patients -- for Brian Wallach, who is the focus of a 30-second commercial that will roll out Wednesday as the first Lou Gehrig Day happens. She wants to believe that Chris Snow, who was told two years ago that he has between six and 18 months to live, represents something new in the fight against ALS.

Hope.

That's what Lou Gehrig Day is about. It's honoring the memory of Gehrig, yes, and all that he meant to the game, to the cause, to the world, but recognizing that someone as selfless and sanguine as him would want this to be more about tomorrow than yesterday. When MLB finally announced in March that Lou Gehrig Day was happening June 2, it meant an entire day of visibility every year -- a date on the calendar toward which fundraising can build, around which events can be planned, on which thanks can be given.

In Cincinnati, Adam Wilson will be joined by his daughter, Avery, who will throw out the first pitch of the day that wouldn't exist without her father.

At Yankee Stadium, Chuck Haberstroh will join his brothers, Steve and Tom, and they'll hear stories told in the Bronx about the man who in the 1920s played alongside Babe Ruth and owned a sport and a city.

Staci, Grayson and Bennett Galentine landed in Baltimore late Tuesday night. They'll head to Camden Yards and hear the Orioles recount the story of Bryan Wayne Galentine, whose little seed of an idea June 24, 2019, blossomed into this beautiful thing on June 2, 2021. They'll watch the Orioles honor him as their Birdland Hero and donate \$5,000 in his honor to I AM ALS, the patient-led foundation seen as a beacon in the ALS community. Then, like Avery Wilson, they'll throw out the first pitch.

"To me," Grayson says, "it's like seeing everything that my dad ever did just basically pay off."

When it's all over, they'll head back home, and at some point, Staci will take out the big board with a map of the United States she's got stored away. Listed on it is every Major League Baseball stadium. The thought is to put a pin in all the ones you've visited. It was supposed to be for Galentine. He dreamed of seeing every big league ballpark.

"That was his Christmas gift this last year," Staci says. "So the boys and I just said, 'We're gonna see it through.' And we'll finish that and make sure that we can cross those off his bucket list."

Meet the Reds fan behind 1st Lou Gehrig Day

June 27th, 2021



Mark Sheldon

@m sheldon

Share



CINCINNATI -- From his wheelchair in his office at the Mason, Ohio, house he shares with his parents, Adam Wilson dedicated himself to getting Lou Gehrig his own special day on the baseball calendar.

That day is Monday, rescheduled because of a rainout on the originally scheduled date. It will be every June 2 going forward as Major League Baseball recognizes that date as Lou Gehrig Day.

"I'm so proud to be part of a group that worked hard every day, starting in August of 2019, to make it happen," Wilson said in an email to MLB.com. "Together, a group of ALS patients, caregivers, family and organizations created something that will be part of MLB forever!"

Gehrig joins Jackie Robinson and Roberto Clemente as the only players whose legacies are celebrated annually with dedicated, league-wide days.

Wilson, 39, is fighting the disease that bears Gehrig's name -- amyotrophic lateral sclerosis -- and took the Yankees legend's life on June 2, 1941, when he was only 37 years old. Eighty years later, there remains no cure for ALS, a fatal progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord and leads to loss of muscle control and movement.

A Sycamore High School and Ohio State University graduate, Wilson was 32 when he was given his ALS diagnosis. Today, he still has some use of his left hand, but uses his wheelchair to move and an eye-gaze computer to communicate. Wilson was able to bank his voice in the computer that speaks for him, and he can also communicate and email via an app on his phone.

"I was diagnosed on April 7, 2015, but I first noticed symptoms in August of 2013," Wilson explained. "In that time, I had 4 EEGs, a myelogram, a couple of CT scans and endless doctor appointments! I knew it was probably ALS when the radiologist that read my myelogram sat me down and said, 'Has anyone talked to you about ALS?' By my April appointment, I learned all about it."

Since his diagnosis, Wilson has been embraced by the ALS Association of Central and Southern Ohio, which helps him with the costs of getting everything he needs to live with the disease. He's also part of a community group called, "I am ALS."

A lifelong Reds fan, Wilson and his parents were frequent ticket holders for games at Riverfront Stadium.

"Our rule was you had to stay until the last out," said Jan Wilson, Adam's mother.

Wilson was eight years old when his favorite club and favorite player of the time -- Barry Larkin -- won the 1990 World Series. Wilson's all-time favorite player remains Joey Votto. Both players happen to be past winners of the Lou Gehrig Award, given by Gehrig's Phi Delta Theta fraternity to a Major League player who best exemplifies the Hall of Famer's "spirit and character" on and off the field.

The national Phi Delta Theta headquarters is based at Miami University in Oxford, Ohio.

At his house, Wilson has autographed baseballs signed by every Lou Gehrig Award winner since its inception in 1955. He's the only known person with such a collection.



A few years ago, Wilson and others involved with "I am ALS" began to wonder why MLB didn't have a day already dedicated to Gehrig.

"It's been pretty much his lifeline," Jan Wilson said. "They share all the same things. Besides being connected by ALS, they all share their passion for baseball and for accomplishing that goal. Obviously, besides having this come to fruition, the community he's been surrounded by has been fantastic."

Wilson and a few others formed a subcommittee and held meetings to get Gehrig his own dedicated day in baseball.

"We first thought about July 4, the date he gave the famous "Luckiest Man" speech, but we wanted to avoid any reason for MLB to say no," Wilson said. "Someone in the group suggested June 2, as it was the date he died as well as the date he took over as the starting first baseman for Wally Pipp [in 1925].

"We learned early on that to succeed we had to get team and player support before we brought it to MLB. Previous attempts had tried a top-down approach, so we went grassroots."

The "I am ALS" group began reaching out to teams and players, including Reds great Johnny Bench. Wilson also got into touch with Steve Good, who heads the Lou Gehrig Award for Phi Delta Theta. Wilson and Good forged a relationship during the process. Wilson was added to the committee that seeks and evaluates nominees for the Lou Gehrig Award.

"I've had the opportunity to get to know Adam," Good said. "His persistence has been incredible in this. I've tried to step back and think about how I would approach life if I had ALS. It's really

amazing to me how he keeps moving forward and pushing this. It will be a very special day for him."

Wilson and his group hoped to get Lou Gehrig Day on the 2020 schedule, but were temporarily derailed by the COVID-19 pandemic that postponed the start of the season until July.

Eventually, the clubs that Wilson's group contacted started replying that they were interested in having a day for Gehrig in 2021.

"Within a day, after the first few ballclubs started rushing in, it was a big party atmosphere. It was fun watching it happen," Wilson's father, Tim, said.

As part of Lou Gehrig Day, players, managers and coaches will wear a special "Lou Gehrig Day" patch on uniforms. Red "4-ALS" wristbands will be available to be worn in-game.

"It's been great for Adam. It was something to really accomplish that's important. It's fantastic for his mental health," Tim Wilson said. "Adam has a remarkably positive attitude towards his whole thing. Physically, obviously, it's been a struggle. But he has something that's very purposeful going on.

"This has been a godsend, really, for him to be involved in all of this. He's been one of the guys that's been pushing from the beginning. There has been a real sense of urgency. It's been great from that standpoint, being part of a team that accomplishes something like this that's nationwide."

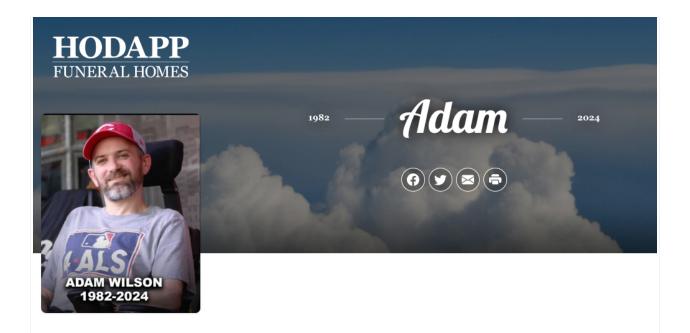
The focus of Lou Gehrig Day aims to remember his legacy and all of those who were lost to ALS while raising awareness and funding for research. The day will also celebrate groups and individuals who have led the pursuit for a cure.

"I'm confident that, eventually, we will find a cure," Wilson said. "But the question is, when? There is some exciting science being worked on and everyone would go for a treatment to extend our lives. A person diagnosed today has the same prognosis as Lou did over 80 years ago, and that's unacceptable. This disease will kill 50 percent of us within three years, it will kill 90 percent of us within five years. The lifetime risk of getting ALS in the U.S. is 1 in 300."



Wednesday's Lou Gehrig Day at Great American Ball Park was postponed because of inclement weather. Wilson was slated to be on hand to watch his 11-year-old daughter, Avery, throw the ceremonial first pitch. Good was set to be the honorary captain. The club announced on Friday that Lou Gehrig Day has been rescheduled for June 28, when the Reds make up their postponed game against the Phillies.

"I've worked with people who have ALS for 10-12 years now. There's a common characteristic there," Good said. "Because it's a terminal illness and because the disease takes root very quickly, there's always this feeling of just pushing the pedal down and saying, 'OK, this is what we want to do. Let's go make it happen.' That very much was the case with Adam. We're all so proud that he gets to see this come through and be recognized in the process."



Adam Wilson

April 26, 1982 — January 6, 2024

Adam Wilson, 41, of Mason, OH, passed away peacefully into the arms of his Savior in his home, on Saturday January 6, 2024 after a courageous battle with ALS. Adam was the devoted and loving father of Avery Wilson, the light of his life. He also is survived by his loving parents, Tim and Jan Wilson, and his sister, Abby Wilson. He was so special to aunts, uncles, cousins and friends.

Adam grew up in Symmes Township, attending Sycamore Schools. He was active in sports during his childhood, playing baseball throughout, and then varsity Volleyball at SHS. His high school years also found him active in Faith Bible Church youth group—participating in Bible Studies, leading worship music, and going on mission trips to Cherokee, NC. After graduation, Adam attended The Ohio State University, earning a Bachelors Degree in Business, and soon began his career at J&N Auto Electric, culminating in the position of Purchasing Mgr. He enjoyed the people he worked with, the international travel, and mostly the details of his work—proudly sporting the t-shirt which said, "I've Got A Spreadsheet For That"!

Adam's faith was evident in every phase of his life. At the age of 8, Adam accepted Jesus as his Savior, and began his new life in Christ. His growth in that relationship helped to mold Adam into the man he would become—filled with and displaying joy, faithfulness, perseverance, and endurance. That joy and settled peace served him to the very end when he was finally free of his ravaged body and joined his Lord for eternity.

Music was important to Adam—he began playing guitar at a young age and eventually wrote and recorded songs for two CDs. He played various venues in college and after,

and also led worship music at his church-- one of his greatest frustrations with ALS was loss of his hand movement, preventing him from playing his guitar. Even when he was disabled and paralyzed, he received great pleasure in listening to music, gathering friends' "favorites lists" on social media, and playing a wide variety of music for his daughter Avery. And anyone who knew Adam knew his favorite music of all time—the Beatles.

In March of 2015, Adam's life was drastically changed with the devastating diagnosis of ALS. With the average lifespan being 2-5 yrs, he and his family prepared for what was sure to follow. He continued activities as normally as his body would allow, not knowing that for him it would be an almost decade long battle. He often said one of the hardest parts was not knowing what loss he would wake up with the next day. He persevered as best he could, still even attending Avery's cheer FB games and activities as late as this fall. Although he lost all ability to move and speak, Adam still managed to communicate by typing with his eyes on a special computer (which allowed him to "speak" through it), followed the Reds and his sport teams daily, and stayed active in the lives of his family and many friends.

In the midst of his ALS battle, Adam became involved with a grassroots group that began with the idea of establishing a Lou Gehrig Day for Major League Baseball, to bring awareness to the disease which bears his name. Working tirelessly for almost 2 yrs contacting players, Hall of Famers, front office and CEOs of MLB clubs, they finally reached the magic personnel who agreed- why ISN'T there a Lou Gehrig day?? And so with Adam motionless in his recliner and typing with his eyes, he managed to chair the committee and help bring Lou Gehrig Day to MLB on June 2 of every season. And millions would now be aware of ALS.

The signature of Adam was his smile. Throughout his life, and in the days when his body failed him, his smile remained. And nothing made him smile more than his time with Avery. Whether watching her cheer, solve Wordle together, play games, or watch funny videos he played from his eyegaze computer, their time together was filled with his total unending love for her. And his smile, sense of humor, and clever wit continued to bring laughter to everyone. He sought out and enjoyed humor in media and joked with Avery and friends. As one friend said, "to know Adam is to love him". And Adam was filled with a faithful love for them as well. His friendships, his faith, his family, his Avery. It's what kept him focused and enabled him to fight the good fight and finish the race. Well done, Adam. We love you.

In lieu of flowers donations can be made to ALSTDI (<u>als.net</u>) or ALS United of Southwest Ohio (<u>alsohio.org</u>).