



Get In. We're Ending ALS

What We're Up To

I AM ALS was thrilled to participate in an intimate screening event for the documentary [No Ordinary Campaign](#) this week at the White House! Dr. Jill Biden welcomed a small group of advocate leaders - including I AM ALS' founders and board members - inspiring hope while reminding us of the urgent work still left to do. No Ordinary Campaign tells the story of the incredible I AM ALS community and the successes achieved by the movement. Check out our social media posts (on [Twitter](#), [Facebook](#), [LinkedIn](#), and [Instagram](#)) for photos.

Cooking Class Benefits I AM ALS

Just in time for Valentine's Day, sign up for a tiramisù cooking class with Chef Deborah Dal Fovo on February 10th at 2pm ET! 100% of ticket proceeds benefit I AM ALS.

[SIGN UP](#)



COMMUNITY UPDATES



Clinical Trials Team

ALS Signal updates: A new Phase 1 trial studying VRG50635 sponsored by Verge Genomics has started recruiting in Canada! Click here for more information on clinical trials: <https://www.iamals.org/get-help/als-signal-clinical-research-dashboard/>



Community Outreach Team

This team recently hosted a panel featuring your favorite ALS podcasters, and the full recording is now available for you to watch! You can watch Meet Your ALS Podcasters on our YouTube channel here: <https://www.youtube.com/watch?v=Yw6L0f5ySjo&t=2s>



Legislative Affairs Team

This team is preparing to advocate for continued funding of the ACT for ALS Expanded Access Program, and they need your help. By becoming a constituent, you'll strengthen the team's impact on this and other

initiatives. Click here to become a constituent, or help the team by sharing this link with 5 family members and friends:

<https://www.iamals.org/action/help-the-legislative-team/>



Lou Gehrig Day Team

Hey baseball fans! This team is getting ready for the 2024 Lou Gehrig Day celebration, and they need your help to make this the best one yet! Click [here](#) to join the team, or better yet, step up to the plate to become a Co-Team Lead for any of the following MLB teams: Chicago Cubs, Oakland Athletics, San Diego Padres, Texas Rangers, Atlanta Braves, Milwaukee Brewers, San Francisco Giants, Arizona Diamondback, Colorado Rockies and Kansas City Royals.



The Write Stuff Team

This team has two amazing new posts up on their blog: [“Alonely”](#) by The Juan and Only, and [“The Diagnosis”](#) by Kurt Ewen, shared by his friend Cristy Hardin. If you, like Juan and Kurt, have ever used writing to express yourself and are impacted by ALS, consider joining the team!

<https://www.iamals.org/action/the-write-stuff-team/>



Veterans Team

The I AM ALS Veterans Team is still working hard at getting the Elizabeth Dole Home Care Act passed! Please fill out this form and have your friends do the same – Veterans deserve better!

<https://www.iamals.org/action/elizabeth-dole-home-care-h-r-542-s-141/>



Youth Lou Gehrig Day Team

This small but mighty team is looking for new members who want to join them as they piggyback off the success of MLB’s Lou Gehrig Day to raise awareness about ALS and Lou Gehrig’s legacy. Their goal is to educate and inspire millions of kids and their families, just like Lou Gehrig did and continues to do to this day. Sign up to join:

<https://www.iamals.org/action/youth-lou-gehrig-day/>

The Peer Support Initiative matches mentors and mentees in similar circumstances for 1:1 support and community. We are in particular need of

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women living with ALS to serve as mentors – if you fit those criteria, please consider applying!

<https://www.surveymonkey.com/r/IAA-Mentor>



In Memoriam: Adam Wilson

CORRECTION: We are devastated to share the passing of Adam Wilson. Adam was a foundational member of the I AM ALS volunteer team, and he was instrumental in bringing Lou Gehrig Day to Major League Baseball. He was also a talented musician and a loving father. He will be deeply missed. Read more about Adam's life and his impact on MLB here: <https://www.mlb.com/news/lou-gehrig-day-organizer-reds-fan-adam-wilson>

WHAT'S COMING UP?

Tiramisù x 2 Cooking Class with Deborah Dal Fovo - February 10th, 11am PT/2pm ET

Learn to make two kinds of Tiramisù just in time for Valentine's Day, and all proceeds will benefit I AM ALS! Join Italian chef Deborah Dal Fovo for a fun, interactive class that you can take with your loved one this Valentine's Day. Note: if you can't make it on the 10th, you can still buy a ticket to receive the full recording and recipes after the fact!

[Register](#)

Genetic ALS / FTD Research Education Series: Focus on Progranulin (GRN) - February 6th, 5pm PT/8pm ET

This webinar from End the Legacy will focus on the GRN gene variant.

Hear from experts about what research is available, and hear from everyday people with the mutation about what participating looks like for them.

[Register](#)

[SEE ALL EVENTS](#)



I AM ALS is a patient-led community that provides critical support and resources to patients, caregivers and loved ones. It empowers advocates to raise awareness and lead the revolution against ALS in driving the development of cures. Learn more at iamals.org.

IAM ALS



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