



Get In. We're Ending ALS

What We're Up To

In the (almost) five years since I AM ALS was founded, this community has truly moved mountains. We created the I AM ALS Impact Report to show the world just how much we've accomplished together. This report has everything: a timeline of accomplishments from all five years, a slide about return on investment for federal research funding, a look toward the future, and even a few familiar faces. We hope you'll check it out, pat yourself on the back, and join us in marveling at just how powerful this community is.

Five Years of Impact

None of this would have been possible without YOU. So take a look and admire all your hard work.

**CHECK OUT
THE IMPACT
REPORT**

COMMUNITY UPDATES



Legislative Affairs Team

This team's focus is on highlighting the Promising Pathway Act, and the upcoming hearing with members of the Senate Aging Committee. This hearing is scheduled for Thursday October 26th at 10am EST. Stay tuned for more information about this important hearing. Learn more about the bill and ask your Congresspeople for their support:

<https://iamals.org/legislation/promising-pathway-act/>



Lou Gehrig Day Team

You know what they say – “Teamwork makes the dream work.” The hardworking Lou Gehrig Day Team is planning some new and amazing ALS awareness and outreach events for Lou Gehrig Day and ALS Awareness Month! Join the lineup: <https://iamals.org/action/lou-gehrig-day-team/>



Many Shades of ALS Team

Join the Many Shades of ALS Team for the next installment of their Let's Talk About It mental health series! This event, happening on November 6th at 6pm ET, will center around navigating the holidays with ALS. We hope you can join us! Sign up here: <https://iamals.org/action/lets-talk-about-it-november/>



Veterans Team

This team wants you to know about an incredibly important resource they created. They saw a need within the Veteran ALS community and opened their hearts to create this resource about mental health and suicidal ideation. If you are a veteran living with ALS or know someone who is, please share this resource with them. <https://iamals.org/get-help/mental-health-among-veterans-with-als/>



Through our Peer Support Initiative, we strive to make personalized matches based on what matters to you. Whether you want to meet with another Veteran living with ALS, an adult who is navigating caring for their parent with ALS, or a young caregiver with children, we do our best to make that happen! We can do this because of the amazing people impacted by ALS who generously volunteer their time and effort to become mentors. Would you like to join us? We have a special current need for mentors who are young men living with ALS (age 45 or younger) and female spouses who are caregivers.

<https://www.surveymonkey.com/r/IAA-Mentor>



In Memoriam: John Whigham

We are deeply saddened to share the passing of John Whigham. John was the inspiration behind Boge Golf's JCW apparel collection and the Keep Swinging campaign. He was kind, compassionate, motivated, a loving husband and father, and a beloved friend to so many. Read John's obituary [here](#), and watch this lovely video of John and his son Curt, co-founder of Boge Golf:

<https://www.youtube.com/watch?v=b9Ko9kfwOUQ&t=1s>

WHAT'S COMING UP?

October Social Hour

It may be Spooky Season, but everything feels less spooky when you're among friends. Join us for Social Hour on October 24th from 4-5pm ET to spend time with your fellow advocates.

[Register](#)

Using Stem Cells to Model and Treat ALS

This webinar from Everything ALS will be hosted by Clive Svendsen, PhD, founder of the Cedars-Sinai Board of Governors Regenerative Medicine Institute, and will focus on the use of stem cells in ALS. It will take place on October 18th at 4pm PT (7pm ET).

[Register](#)

Expanded Access Policies and Compliance in an Ever-Changing Environment

This webinar comes from CUPA, NYU Langone Health's Working Group on Compassionate Use and Preapproval Access. This moderated panel will bring together experts from the fields of law, bioethics, patient advocacy, business strategy, and the biopharmaceutical industry to discuss the intent of and compliance with US regulations about expanded access (compassionate use). Sign up to join them on October 20th at 12pm ET.

[Register](#)

Ethical Principles & Informed Consent in Research

This month's installment of the Les Turner ALS Foundation's ALS Learning Series will focus on the crucial role of informed consent in research. Host Emma Schmidt, Clinical Research Project Manager at the Les Turner ALS Center at Northwestern Medicine, will unravel the history of informed consent, guide you through the process, outline your rights as a participant, and equip you with valuable tips and questions if you're considering research participation. This will take place on October 26th at 1pm ET (noon CT).

[Register](#)

[SEE ALL EVENTS](#)



I AM ALS is a patient-led community that provides critical support and resources to patients, caregivers and loved ones. It empowers advocates to raise awareness and lead the revolution against ALS in driving the development of cures. Learn more at

iamals.org.

I AM ALS



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