



Get In. We're Ending ALS

What We're Up To:

On Wednesday, November 17, the Accelerating Access to Critical Therapies (ACT) for ALS bill was approved by the full House Energy and Commerce Committee! In a nutshell, ACT for ALS would create real pathways for faster and broader access to treatments for those living with ALS and improved infrastructure for neurodegenerative disease drug development. Now the bill goes to House leadership to schedule a floor vote. This is another huge step that brings us even closer to passing ACT for ALS. This would not have been possible without the community's tireless advocacy.

Attend a Support Group

If you are struggling this holiday season, please consider joining us for a support group. Whether you are living with ALS, are a caregiver, a loved one or someone grieving, we will do our best to connect you with others going through similar experiences and support you.

[SIGN UP](#)

COMMUNITY UPDATES



Community Outreach Team

This team held an ALS awareness panel for Amherst College students on November 11, with guest appearances by I AM ALS' Co-Founders Brian Wallach and Sandra Abrevaya. Request an awareness panel for your school, business or organization [here](#).



Legislative Affairs Team

These advocates are excited ACT for ALS has moved out of committee in the House, but they're determined, resilient and working on the ALS clock! They're still striving to get more Senators to cosponsor the bill. To see if your Senators have cosponsored yet, check our legislative tracker [here](#).



Many Shades of ALS Team

These amazing folks held the second installment of their Let's Talk About It: Mental Health Series on Wednesday, November 17, with help from members of the [Familial ALS](#) and [Veterans Affairs](#) Community Teams. Team members came together and spoke about suicidal ideation in an authentic and deeply vulnerable space. To be alerted about the next Let's Talk About It, click [here](#).



Thank You Squad

This squad has written almost 2,000 thank you cards in the past two months alone! If you or someone you know would like to join them in spreading gratitude one card at a time, click [here](#).



Veterans Affairs Team

This team's Veterans Day social media campaign continues to roll out. They honored Brigadier General Thomas Mikolajcik (aka General Mik), who had ALS and paved the way for other veterans to receive the ALS care they need. See the team's video about General Mik [here](#).



In Memoriam: Jerry Manning

It is with deep sadness we announce the passing of Jerry Manning. Jerry was an ALS advocate, a Navy veteran, an athlete, a baseball coach and a cherished son, husband, father and grandfather. You can read Jerry's ALS story in his own words [here](#) and his obituary [here](#). He will be missed.

WHAT'S COMING UP?

I AM ALS Social Hour

Even revolutionaries need to let their hair down and relax. If you want to chill on video and get to know others within the movement, sign up for I AM ALS' weekly digital social hour.

[**Register**](#)

New Therapies in ALS

Join Everything ALS and Dr. Merit Cudkowicz for this discussion of new and promising treatments and therapies for ALS. The meeting will be approximately 45 - 60 minutes long followed by an open forum.

[**Register**](#)

[SEE ALL EVENTS](#)



I AM ALS is a patient-led community that provides critical support and resources to patients, caregivers and loved ones. It empowers advocates to raise awareness and lead the revolution against ALS in driving the development of cures. Learn more at [**iamals.org**](http://iamals.org).

I AM ALS



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