

## Questions About Supportive Care

Supportive care professionals such as social workers have different roles depending on the setting they work in. For example, they may focus on case management, providing emotional support or navigating your care. The following are questions to ask your social worker or other qualified member of your health care team to better understand how they can support you throughout your ALS care. These questions may be answered over a series of visits.

There is often a lot of information to absorb during a clinic visit. Take a family member or friend with you who can take notes, and ask your care team whether you can record your visit so you can listen to their answers and advice again at a later time.

**Provider Name:** .....

**Provider Contact Information:** .....

1. What is your role in my ALS care? What support can or can't you provide?

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2. Are you a licensed professional? If so, what type of license do you hold?

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3. What experience do you have supporting people with ALS or other neurodegenerative diseases?

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4. How will you work with my medical team to ensure I receive comprehensive care?

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5. What programs are available to help with ALS-related needs, like home modifications or respite care?

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6. How will you support me if a resource I need is not available?

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7. What emotional support resources are available to me and my family/friends?

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8. How can you support me as I transition from working full-time to being on disability?

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9. Are you able to assist with program applications? If not, do you know someone who can?

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10. What experience do you have navigating health insurance benefits, both public and private?

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Write down other questions you have:

- 1.
- 2.
- 3.
- 4.
- 5.

*I AM ALS does not provide medical advice. Please discuss questions and decisions related to your diagnosis and medical care with your health care team.*

