

Questions for Your Clinic Nurse

Nurses may have different roles within a clinic including educating you about ALS and how to manage symptoms, coordinating your appointments, and documenting health information and goals. The following are questions to ask your nurse to better understand how they can support you throughout your ALS care. These questions may be answered over a series of visits.

There is often a lot of information to absorb during a clinic visit - take a family member or friend with you who can take notes and ask your care team whether you can record your visit so you can listen to their answers and advice again at a later time.

Provider Name:

Provider Contact Information:

1. What is your role in my ALS care? What support can or can't you provide?

.....
.....

2. Can you tell me about your experience supporting people with ALS?

.....
.....

3. What treatment options are available to me?

.....
.....

4. How can you support me in learning about and accessing clinical trials?

.....
.....

5. What can be done to treat the symptoms I am currently experiencing?

.....
.....

6. What physical and cognitive changes can I expect during the course of my disease?

.....
.....

7. Will I need to modify my home in order to accommodate these changes? If yes, when should I start planning this? Who helps me navigate that process?

.....
.....

8. What can I do to maintain my current health status?

.....
.....

9. What should I do if I have a medical emergency?

.....
.....

10. How do I get in touch with my treatment team if questions arise after my appointments?

.....
.....

Write down other questions you have:

- 1.
- 2.
- 3.
- 4.
- 5.